



# Tell me about Beautiful you

Name: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Date: \_\_\_\_\_

Occupation: \_\_\_\_\_ Children & Ages: \_\_\_\_\_

On a scale from 1 to 5, one being the lowest, how would you rate your overall happiness in each area? (Circle one)

1. Career 1 2 3 4 5
2. Boundaries 1 2 3 4 5
3. Life Itself 1 2 3 4 5
4. Self-Love 1 2 3 4 5
5. Forgiveness 1 2 3 4 5
6. Resentments 1 2 3 4 5
7. Spirituality 1 2 3 4 5
8. Health 1 2 3 4 5
9. Friendships 1 2 3 4 5
10. Family Relationships 1 2 3 4 5

Do you have Faith? What Religion? In a few words, describe your relationship, if any; if you have NO faith, that's ok too.

What goal would you like to achieve while working together?

What are your dreams?

